

University of Pretoria Yearbook 2022

Emotional-social wellbeing 731 (KGG 731)

Qualification	Postgraduate
Faculty	Faculty of Education
Module credits	14.00
NQF Level	08
Programmes	PGDip (Technical and Vocational Education and Training)
Prerequisites	No prerequisites.
Language of tuition	Module is presented in English
Department	Educational Psychology
Period of presentation	Semester 1 or Semester 2

Module content

This module will enhance higher education managers' understanding and capacity to promote mental wellbeing of staff and students. A focus on systemic support strategies encompassing the context of high need to empower managers to advance preventative psychological health and to acquire specialised knowledge regarding how to strengthen staff and students' emotional-social wellbeing and resilience is key. The module will provide managers in higher education with an integrated wellbeing and emotional-social intelligence framework to promote their insight into an advancing learning and development as lifelong processes.

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